

Website entries:

HOME PAGE:

- **Technical working group photo** (to be submitted next week)
- **Vision and Mission:**

Vision

A Division where the entire school populace is lessened, if not free, of social stigma on individuals who seek help for mental health issues, significantly reduced cases of mental health disturbances, and have an easy access to mental health services.

Mission

To educate, assess, and protect the mental well-being of the entire school populace with sustainable and integrated interventions for a stress-free learning and working environment.

- **Events and Activities Corner** (to be submitted next week)

CLICKABLES (Landing?):

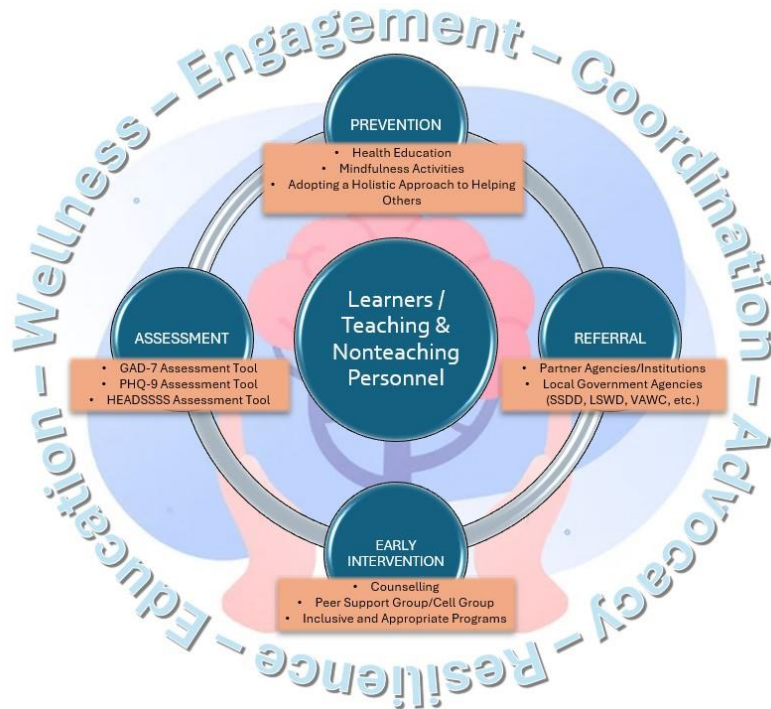
- About Us:

- **Brief Background**

In 2019, School Mental Health Program (SMHP) was added as the 6th flagship program of Oplan Kalusugan sa DepED (OK sa DepED). This focuses on the decree of the Department of Education under the Republic Act No. 11036, otherwise known as the “Mental health Act”. With this mandate, the WE CARE Program was formulated and breathed into life with the aid of a few partnerships such as the Philippine Mental health Association – who conducted an exclusive training for the SMHP Technical Working Group in 2020 and helped in drafting a manual to be utilized in all public schools of the Division.

The WE CARE Program (*wellness, engagement, coordination, advocacy, resilience, and education*) is a local proprietary program of the Schools Division Office of Quezon City particularly the School Mental Health Program of the School Health Section. It focuses on the core components of the following – Prevention/Education, Assessment, Early Intervention, and Referral.

- **Conceptual framework:**



- Issuances:

- Division memoranda on School Mental Health Program

- Assessment Tools:

- PHQ-9
- GAD-7 (for 14 years old and up)
- CARS (for pilot schools)
- AudioVisual Presentation of assessment tools
 - Phq9
 - Gad7

- Services and Referral Centers:

- Quezon City General Hospital (18yrs. old and up)
Address: Room 15, Dept. Of Psychiatry, OPD Building, QCGH, Seminary Rd, Project 8, Quezon City
- Philippine Children's Medical Center

Address: 2nd floor, OPD, Quezon Ave. cor. Agham Rd, Quezon City

- Quirino Memorial Medical Center (Pediatric and Adult)

Address: J.P. Rizal Corner P. Tuazon St, Project 4 Quezon City

- National Center for Mental Health

Address: Nueve de Febrero, Mandaluyong City

- Rosario Maclang Bautista General Hospital (18yrs. old and up)

Address: IBP Road, Batasan Hills, Quezon City

- Philippine Mental Health Association

Address: 18 East Ave, Diliman, Quezon City

List of Registered Guidance Counselors:

• Cleopatra Daisy Aguinaldo	Sergio Osmeña Sr. High School
• Lorena Alejandre	Doña Rosario High School
• Kim Ampo	Camp Crame High School
• Maria Teresa Balinggao	New Era High School
• Jover Bernabe	Holy Spirit National High School
• Lorena Maria Castillo	Lagro High School
• Darryl Correa	Quezon City Science High School
• Emma Daga	Sauyo High School
• Jesusa Din	Sergio Osmeña Sr. High School
• Rhia Josen	Don Alejandro Roces Sr. Science & Technology High School
• Elvira Samantila	Masambong High School
• Adelaida Tolibas	Quezon City High School

- *Mental Wellness Access Hub:*

▪ Congressional District 1	San Francisco del Monte Super Health Center
▪ Congressional District 2	Batasan Super Health Center
▪ Congressional District 3	Project 4 Health Center
▪ Congressional District 4	Kamuning Super Health Center
▪ Congressional District 5	AJ Maximo Super Health Center
▪ Congressional District 6	Banlat Health Center

